

Need Assistance?

DIAL

2.1.1



Utility



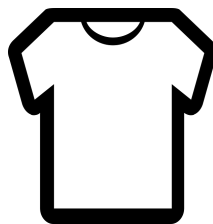
Food



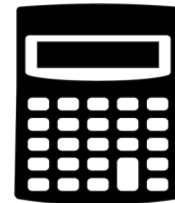
Rent



Transportation



Clothing



Tax Preparation



Job Finding
Assistance



Medical



Legal Services



United Way of
McMinn and Meigs Counties

2-1-1 (Resource Hotline)

**24hr Support Specialized Crisis Services,
(855) CRISIS-1 or (855-274-7471)**

Love is Respect 24/7, (866) 331-9474

**National Suicide Prevention, (800) 273-TALK or
(800) 273- 8255**

Report Child Abuse, (877) 237-0004

Addiction-

10th Judicial District Recovery Court-
170 North Ocoee St., Suite 301, Cleveland
(423) 339-0480

AA- Cooke Ministry Center- 714 Walter St., Athens,
Monday @ 5:30pm, 423-506-0736

AI-Anon (Family Group) - Keith Memorial United
Methodist Church, 600 W. Madison Ave., Athens
(423) 745-2612

Celebrate Recovery - Englewood Church of God, 9
Church St., Englewood- Meets on Sunday @ 6pm
(423) 887-5901

Celebrate Recovery- Jones Chapel UMC, 590 C.R.
778, Athens- Meets on Sunday @7:30pm
(423) 887-5901

Clean Living Athens- Women's Sober Living House.
405 Cleveland Ave., Athens. (305) 842-1805.
www.cleanlivingathens.org

DreamLife- Faith-based, residential, recovery and
discipleship program for young men ages 18-25.
317 Decatur Pike, Athens, (910) 387-3479

Freedom from Smoking, Smoking Cessation-
Starr Regional Medical Center, 1114 W. Madison
Ave., Athens (423) 745-7431

"Journey" Support Group – Hillcrest Church, 581
Hillcrest Cir., Etowah, (423) 781-5033

Health Connect America – Teen & Adult programs,
808 S. White St., Athens, (423) 252-0871

Lifeline Peer Project, connect people to treatment
for mental health and substance misuse, faith-
based support, peer support and mentoring
support. (423) 933-6772

Miracle Lake Christian Training Center- Biblical
approach to recovery, residential and transitional
living.
182 Co. Rd. 498, Etowah
(423) 263-2583

NA (Narcotics Anonymous) - St. Paul's Episcopal,
123 S. Jackson St., Athens (423) 745-2224

Planted in Christ Outreach Fellowship- Thursdays
at 7pm, 317 Maple St., Athens (423) 435-8986

www.recoverywithinreach.org - Tennessee
resource for help with recovery: housing, peer
support, legal, living with systems involved and
healing from trauma

Rick Ingram Ministry- Faith-based, transitional
living facility for men releasing from jail or prison,
2371 Hwy. 411 N., Etowah, (423) 781-8165

STEPTN- Harm Reduction Program
Syringe trade in and education program testing site
for HIV, HEPC and other blood born infections.
Bus located at the Better Living Center Tuesdays
10:00am-3:00pm
(423) 834-7374

Straightway Ministry- Faith-based, transitional
living facility for men, 1303 Frye St., Athens (423)
371-0269



Healthy Relationship Resources

Transformation Project- Non-Residential faith-based recovery 12-month program, First Baptist Church, 305 Ingleside Ave., Athens, Meets Monday & Wednesday @ 6pm, (423) 745-5441

Women at the Well- Residential, faith-based discipleship and recovery program, 881 Co. Rd. 655, Athens, (423) 745-0010

Difficult Feelings/ Behavioral Health-

Agile Mind Counseling- 506 Maple St., Athens (423) 746-2441

Alzheimer's Support Group - Starr Regional Medical Center, 1114 W. Madison Ave., Athens, 2nd Tuesday @ 7pm, (423) 746-5212

Cherokee Health Systems, Medical Therapy- 3360 Hwy 411 N., Englewood, (423) 887-5131

Christian Counseling Services- (423) 507-4557

Evolve Counseling Services- 744 Tell St., Athens, (423) 507-8826

Grief Support Group – Mars Hill Presbyterian Church, 205 N. Jackson St., Athens, (423) 745-1403

Health Connect America- 808 S. White St., Athens, (423) 252-0871

Helen Ross McNabb Center- 584 Congress Pkwy. S., Athens, (423) 507- 0887

Hiwassee Mental Health Center- 1701 Ingleside Ave., Athens, (423) 745-8802

Omni Community Health- 404, S. White St., Athens, (877) 258-8795

PTSD Support Group- Athens Lutheran Church, 710 Forrest Ave., Athens, 1st Tuesday @ 6:30pm (423) 745-9419

RELAX, Anger Management –UT Extension, McMinn Higher Education Center, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Stephen Ministry- (care for hurting people) – Keith Memorial United Methodist Church, 600 W. Madison Ave., Athens, (423) 745-2612

Volunteer Behavioral Health- 1805 Ingleside Ave., Athens, (423) 745-8802

Couples Relationships-

5 Love Languages, P.I.C.K. a Partner (How to Avoid Falling in Love with Jerk) and Marriage L.I.N.K.S.- UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

A Step Ahead Chattanooga- Couple relationship education, free contraception and well check exams – (423) 265-7838

Pre-Marital Counseling

- Athens Nazarene Church, 423-453-2041
- Athens Christin Church 423-333-5085
- Keith United Methodist Church 423-745-2612

OneLife - Full Circle, 510 Old Riceville Rd., Athens, (423) 744-3005

Divorced-

Co-Parenting, Parenting Apart - UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852



HRM

Healthy Relationships McMinn

Healthy Relationship Resources

Divorce Education- Cleveland State Community College, (423) 473-2270

Divorce Recovery Group - Allen Memorial United Methodist Church, 800 Decatur Pike, Athens (423) 745-1560

Health Connect America – Outpatient Therapy 808 S. White St., Athens (423) 252-0871

Legal Aid of East Tennessee- 535 Chestnut St. #360, Chattanooga, (423) 756-4013

Parenting/ Parents-

A Step Ahead Chattanooga - Parenting classes (423) 265-7838

Athens City Schools, Family Engagement- 943 Crestway Dr., Athens (423) 745-2863

Full Circle Medical Center for Women
Parent Education, Post-Abortion Care and Materials Support for Expectant Mothers
510 Old Riceville Rd., Athens
(423) 744-3005

Health Connect America, Parent Education
808 S. White St., Athens, (423) 252-0871

Hope Center, Inc.- 704 W. Madison Ave., Athens, (423) 745-5289

Nurture the Next, Healthy Families and Nurturing Parenting- 5709 Uptain Rd., Chattanooga (423) 333-6999

Relative Caregiver- Provides services for relatives raising non-birth children. (866) 735-8752

Tennessee Department of Human Services, Smart Steps, Childcare assistance, application online: <https://www.tn.gov/humanservices/families/child-care-services/child-care-payment-assistance.html>
(833) 740-1440

UT Extension, Parent Piece by Piece
UT Extension, 2345 Denso Dr., Suite 167 Athens (423) 745-2852

Seniors-

Etowah Senior Center – 435 Cooper St., Etowah, (423) 781-7632

McMinn County Senior Activity Center – 205 McMinn Ave., Athens, (423) 745-6830

Youth-

Afterschool Care-YMCA and YCAP – 205 Knoxville Ave., Athens, (423) 745-4904

Athens City Schools Kids Connection- Extended Care Program, (423) 745-1796

Child Advocacy Center – 704 W. Madison Ave., Athens, (423) 744-0599

Church Youth Groups

Health Connect America
808 S. White St., Athens, (423) 252-0871

Helen Ross McNabb Center – (800) 255-9711

Hiwassee Mental Health, Positive Actions
1701 Ingleside Ave., Athens, (423) 745-8802



HRM

Healthy Relationships McMinn

Healthy Relationship Resources

Isaiah 117 House- Provides physical and emotional support in a safe and loving home for children awaiting foster care placement.
(423) 519-3393

McMinn Co. Juvenile Services, Child and Family Services, (423) 745-8782

TN. Voices for Children – (615) 269-7751

Updated, 8/10/22
Healthy Relationships McMinn (HRM), smull1@utk.edu
(Business Hours May Change, Contact First)



HRM

.....
Healthy Relationships McMinn

Food Insecurity Resources

2-1-1 (Resource Hotline)

24hr Support Specialized Crisis Services, (855)
CRISIS-1 or (855-274-7471)

National Suicide Prevention, (800) 273-TALK or (800)
273- 8255

SNAP (Supplemental Nutrition Assistance Program)

Apply online: <https://faonlineapp.dhs.tn.gov/>
McMinn County Office, 1008 Knight Rd., Suite B,
Athens, TN. 423-744-2800
M-F, 8:00am – 4:30pm

WIC

McMinn County Health Dept.

393 County Road 554, Athens TN 37303.
423-745-7431
M-F, 8:00am-4:30pm (MUST set up an appointment)

Budgeting/ Debt Reduction-

Athens Church of the Nazarene

1908 W. Madison Ave., Athens, TN.
As needed 423-453-2041
Free budgeting and debt reduction counseling

Educational/Employment-

Adult Education

199 Clark St., Athens
423-745-5111
Day Classes: Tues, Wed. Thurs., 9am-noon
Night Classes: Mon-Thurs., 5pm-8pm

American Job Center

410 Congress Pkwy. N., Athens, TN
423-745-2028
M-F, 8:00-4:30pm

Cleveland State Community College

McMinn Higher Education Center
2345 Denso Dr., Athens
(423) 745-8486

Manpower

313 Decatur Pike, Athens, TN
423-381-8810
M-F, 8:00-6:00pm

McMinn Higher Education Center

*(Cleveland State Community College, Tennessee
College of Applied Technology and UT Extension)*
2345 Denso Drive, Athens TN
423-745-8486

Randstand

614 Decatur Pike, Athens, TN
423-745-0082
M-F, 8:00-5:00pm
More jobs? 423-420-0645

Tennessee College of Applied Technology (TCAT)

1635 Vo-Tech Dr., Athens
423-744-2814

Tennessee Promise Scholarship,

www.tn.gov/tnpromise

Tennessee Wesleyan University

204 E. College St., Athens
423- 745-7504

Tri- County Center

School to Work Transitional Program
Ages 17 years and older
3030 Lee Hwy., Athens TN.
423-745-8902

Skill Up Tennessee (SNAP Employment & Training)

UT Extension- McMinn

2345 Denso Drive, Suite 167, Athens, TN.
423-745-2852
Support for job skills, training, school, & employment.
Helps with school expenses, gas cards, uniform/
supply needs, etc.



HRM

Healthy Relationships McMinn

Food Insecurity Resources

Vocational Rehabilitation Department

3069 Overlook Dr. NE #A, Cleveland, TN
423-478-0330
Employment-focus for individuals with disabilities

Free Meals-

Englewood Church of God

18 West Athens Street, Englewood, TN
423-887-5901
Every Wednesday at 6:00 pm

Etowah Senior Center

435 Cooper St., Etowah, TN.
423-781-7632
Lunch 11:30 Monday – Friday
Food Boxes on Thursdays between 10-12p.m.

Grace and Mercy Ministries

714 Walter Street Athens, TN
Monday and Friday 12:00p.m.

McMinn Co. Veteran Services

Veterans, spouses, and widows
5 E. Madison Avenue, Athens TN
Call to register for the Food Voucher Program
423-744-1605

Seventh Day Adventist Church

230 New Englewood Road Athens, TN
2nd and 4th Saturday of the month
12:00 meal after service

Table Graces

5 South White Street, Athens, TN.
423-745-2224
Wednesday 9:00a.m.-12:00p.m.

Free Cooking School-

UT Extension- TNCEP

2345 Denso Drive, Suite 167 Athens, TN.
423-745-2852
Series of classes: sampling, low-cost healthy recipes

Food Pantry-

Better Living Center

407 New Englewood Road, Athens, TN
423-744-7325
Food Bags: Apply in person (Every Tuesday
10:00a.m.-4:00p.m. food pantry closed for lunch 12-
1pm
Thrift Store: (Every Thursday 9:00am–1:00pm)

Calhoun United Methodist Church

820 Highway 163 Calhoun TN, 37309
423-336-2484
Food pantry open the 1st & 3rd Thursday of the
month. Call for more info.

Coordinated Charities

109 Rocky Mount Road, Athens, TN
Assistance Center- 423-745-9625,
(Monday-Thursday) 9:30am – 1:30pm
Thrift Store- 423-745-0860, (M-F, 9:00am–5:00pm/
Sat. 10:00am–3:00pm)

Etowah Food Pantry (Wesley Memorial Church)

923 Ohio Avenue, Etowah, TN
423-263-2087
Must be in Etowah Utility District
Tuesday and Thursday 9:00-11:45a.m

Love Thy Neighbor Project Campus and Mobile Food Bank. Must Register!

202 Green Street, Athens, TN
423-745-5232
New Registration begins the 1st Monday of every
month. Must register.
Food pick up (2pm-4pm) on Tuesday's and Thursday's

SETHRA (Commodities, Transportation, Energy Bills, Upward Bound)

Apply in person at the SETHRA Office,
814 S. White St., Athens, TN
423-745-8095

Food Insecurity Resources

St. Mark AME Zion Church Food Pantry Ministry

707 North Jackson Street, Athens
Food Pantry every 3rd Saturday 1:30p.m. until gone if
need help throughout the week contact: 423-368-
8434 or 423-745-9193.

Youth Feeding Program-

YMCA

(18 years and younger)
423-745-4904

Sites:

YMCA (Breakfast and Lunch) M-F
Circle Drive-Etowah (Lunch)M-F
EG Fisher Library (Lunch)M-F
Etowah Community Center (Breakfast and Lunch) M-F
Etowah Library (Lunch) M-F
Heritage Park (Lunch) M-F
Lee Manor Apartments (Lunch) M-F
Niota Elementary School (Breakfast, Lunch, Snack)
North Etowah Baptist Church (Lunch)

Athens City Schools Summer Feeding Program

Call for sites, dates and times
423-745-2863

Athens City School- Kids Care Closet

423-745-1796

Nourish One Child

Weekend Food Bags/ Backpacks, Athens City Schools,
423- 745-2863
Keith United Methodist Church 600 W. Madison Ave.,
Athens, 423-745-2612

School-Aged Children

Contact your school/ school system for children
needs

Other:

Advocates in Ministry

Dedicated to help homelessness and low-income
families achieve sustainable independence
105 Park St., Athens, TN.
423- 887-3544

Good Faith Clinic (medical services only)

For Residents of McMinn and Meigs County
18 S Congress Parkway Athens, TN
First come first serve basis.
Doors open at 2:30 pm every 2nd, 4th, and 5th Tuesday
*Bring Proof of Residency with you a State Issued Id
will work or a Utility Bill with Your Name on it.

Helping Hands Ministry, Assistance with small home repair for widows, shut-ins, or veterans.

412 S. White St., Athens, TN.
423-920-4179

McMinn Car Care Ministry

Wellspring Mennonite Church
423-263-0160

Shower Bus

Grace and Mercy Ministries
714 Walter Street Athens
Monday and Friday 11:00am

Unconditional Love Ministry

Provides emergency shelter depending on funds
865-335-1870

Zion Hill Baptist Church Clothing Ministry-

Free clothes and household items for those in need
Located beside Library on Ohio Avenue Etowah TN.
Open Wednesdays 4:00pm-7:00pm

Updated 8/10/22
Healthy Relationships McMinn (HRM), smull1@utk.edu
(Business Hours May Change, Contact First)

Health & Nutrition Resources

2-1-1 (Resource Hotline)

National Suicide Prevention, (800) 273-TALK or (800) 273- 8255

Alzheimer's-

Support Group, 2nd Tuesday @ 7pm, Meets at Starr Regional Medical Center, 1114 W. Madison Ave., Athens, (423) 745-1411

Arthritis-

Arthritis Exercise, Walk w/Ease, Tai Chi, McMinn Higher Education Center (MHEC)-UT Extension, 2345 Denso Dr., Suite 167, Athens, (423) 745-2852

Go Fit, Water Fitness and Chair Yoga, YMCA, 205 Knoxville Ave., Athens, (423) 745-4904

Cancer-

Live Strong, YMCA, 205 Knoxville Ave., Athens, (423) 745-4904

Cancer, Thriving & Surviving Workshop, MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Diabetes-

Cooking Classes, MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Diabetes Prevention Program (DPP), Starr Regional Medical Center and UT Extension. To register (423) 744-3249

Diabetes Self-Management Education, Meal Planning, Starr Regional Medical Center, 1114 W. Madison Ave., Athens, (423) 745-3249

Diabetes Support Group, 3rd Thursday @ 7pm at Starr Regional Medical Center, 1114 W. Madison Ave., Athens, (423) 744-3249

General Health-

Good Faith Clinic (medical services), 18 Congress Pkwy. South, Athens, Opens at 2:30pm every 2nd, 4th and 5th Tuesday (423) 745-4541

Living Well with Chronic Conditions, MHEC-UT Extension, 2345 Denso Dr., Suite 167, Athens, (423) 745-2852

Silver & Fit, Renew Active, YMCA, 205 Knoxville Ave., Athens, (423) 745-4904

Silver Sneakers, Etowah Community Center, 155 Robinson St., Etowah, (423) 263-6575

TOPS, Keith Memorial United Methodist Church, 600 W. Madison Ave., Athens (423) 745-2612

Walk Across TN., MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens (423) 745-2852

Weight Watchers, First Baptist Church, 305 Ingleside Ave., Athens, (423) 745-5441

Worksite Wellness-

eWellness, MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens (423) 745-2852

HealthierTN.com

Updated 8/10/22
Healthy Relationships McMinn (HRM), smull1@utk.edu
(Business Hours May Change, Contact First)

