

Healthy Relationship Resources

2-1-1 (Resource Hotline)

**24hr Support Specialized Crisis Services,
(855) CRISIS-1 or (855-274-7471)**

Love is Respect 24/7, (866) 331-9474

**National Suicide Prevention, (800) 273-TALK or
(800) 273- 8255**

Report Child Abuse, (877) 237-0004

Addiction

*AA- Cooke Ministry Center, 714 Walter St., Athens,
Monday @ 5:30pm, 423-506-0736*

*Al-Anon (Family Group) - Keith Memorial United
Methodist Church, 600 W. Madison Ave., Athens,
Tuesday @ 7:00pm, (423) 745-2612*

*Celebrate Recovery - Englewood Church of God, 9
Church St., Englewood- Meets on Sunday @ 6pm
(423) 887-5901*

*Freedom from Smoking, Smoking Cessation, Starr
Regional Medical Center, 1114 W. Madison Ave.,
Athens- Support 1st Tuesday @ 6:30pm, (423) 745-
7431*

*“Journey” Support Group – Hillcrest Church, 581
Hillcrest Cir., Etowah, (423) 781-5033*

*Health Connect America – Teen & Adult programs,
808 S. White St., Athens, (423) 252-0871*

*Miracle Lake Christian Training Center,
Rehabilitation, 182 Co. Rd. 498, Etowah, (423) 263-
2583*

*NA (Narcotics Anonymous) - St. Paul’s Episcopal,
123 S. Jackson St., Athens (423) 745-2224*

*Transformation Project- First Baptist Church,
Athens, Meets Monday & Wednesday @ 6pm
(423) 745-5441*

*Women at the Well, Faith-based discipleship
program, 881 Co. Rd. 655, Athens, (423) 745-0010*

Difficult Feelings/ Behavioral Health

*Alzheimer’s Support Group - Starr Regional Medical
Center, 1114 W. Madison Ave., Athens, 2nd Tuesday
@ 7pm, (423) 746-5212*

*Cherokee Health Systems, Medical Therapy, 3360
Hwy 411 N., Englewood, (423) 887-5131*

Christian Counseling Services, (423) 507-4557

*Grief Support Group – Mars Hill Presbyterian
Church, 205 N. Jackson St., Athens, (423) 745-1403*

*Health Connect America, 808 S. White St., Athens,
(423) 252-0871*

*Hiwassee Mental Health Center, 1701 Ingleside
Ave., Athens, (423) 745-8802*

*Journey Pure Counseling Services, 744 Tell St.,
Athens, (423) 381-8256*

*PTSD Support Group, Athens Lutheran Church, 710
Forrest Ave., Athens, 1st Tuesday @ 6:30pm, (423)
745-9419*

*RELAX, Anger Management - UT Extension-
McMinn, 107 W. College St., Athens, (423) 745-
2852*

*Stephen Ministry (care for hurting people) – Keith
Memorial United Methodist Church, 600 W.
Madison Ave., Athens, (423) 745-2612*

Couples Relationships

*5 Love Languages, P.I.C.K. a Partner (How to Avoid
Falling in Love with Jerk) and Marriage L.I.N.K.S.,
UT Extension-McMinn, 107 W. College St., Athens,
(423) 745-2852*

*OneLife - Full Circle, 510 Old Riceville Rd., Athens,
(423) 745-3005*

*Prepare Enrich: Pre-Marital Education, (606) 424-
7085*

*Pre-Marital Counseling – Athens Nazarene Church,
(423) 453-2041*

Healthy Relationship Resources

Divorced

Co-Parenting, Parenting Apart - UT Extension, 107 W. College St., Athens, (423) 745-2852

Divorce Education, Cleveland State, (423) 473-2270

Divorce Recovery Group - Allen Memorial United Methodist Church, 800 Decatur Pike, Athens, (423) 745-1560

Health Connect America – Outpatient Therapy, 808 S. White St., Athens (423) 252-0871

Legal Aid of East Tennessee, (423) 756-4013

Parenting/ Parents

Parent Education, Abortion Education & Support, Full Circle, 510 Old Riceville Rd., Athens, (423) 744-3005

Family Engagement-Athens City Schools, 943 Crestway Dr., Athens, (423) 745-2863

H.O.P.E. Center, Inc., 704 W. Madison Ave., Athens, (423) 745-5289

Parent Education, Health Connect America, 808 S. White St., Athens, (423) 252-0871

Parent Education, Piece by Piece- UT Extension, 107 W. College St., Athens, (423) 745-2852

Relative Caregiver- 2nd Tuesday @ McMinn Sr. Center, 205 McMinn Ave., Athens, (423) 298-3269

Seniors

Etowah Senior Center – 435 Cooper St., Etowah, (423) 781-7632

McMinn County Senior Activity Center – 205 McMinn Ave., Athens, (423) 745-6830

Youth

Afterschool Care-YMCA and YCAP – 205 Knoxville Ave., Athens, (423) 745-4904

Child Advocacy Center – 704 W. Madison Ave., Athens, (423) 744-0599

Child and Family Services, McMinn Co. Juvenile Services, (423) 745-8782

Church Youth Groups

Health Connect America (in-home/school counseling) – (423) 252-0871

Helen Ross McNabb Center – (800) 255-9711

Hiwassee Mental Health (positive actions) – Schools – (423) 745-8802

Kids Connection; Before & After School Care- Athens City Schools – (423) 745-1796

TN Voices for Children – (615) 269-7751

Updated 10/11/19,
Healthy Relationships McMinn (HRM), sjohn25@utk.edu
www.mcminnresources.com