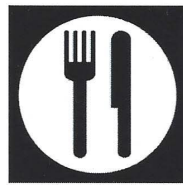


2.1.1

HEALTH AND HUMAN SERVICES HOTLINE



Utility



Food



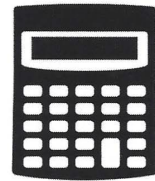
Rent



Transportation



Clothing



Tax Preparation



Job Finding
Assistance

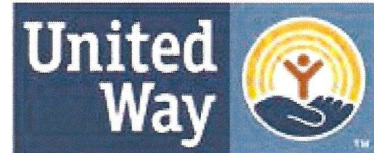


Medical



Legal Services

2.1.1



United Way of
McMinn and Meigs Counties

Food Insecurity Resources

2-1-1 (Resource Hotline)

**24hr Support Specialized Crisis Services, (855)
CRISIS-1 or (855-274-7471)**

**National Suicide Prevention, (800) 273-TALK or (800)
273- 8255**

SNAP (Supplemental Nutrition Assistance Program)

Apply online: <https://faonlineapp.dhs.tn.gov/>
McMinn County Office, 1008 Knight Rd., Suite B,
Athens, TN. 423-744-2800
M-F, 8:00am – 4:30pm

WIC

McMinn County Health Dept.

393 County Road 554
Athens TN 37303. 423-745-7431
M-F, 8:00am-4:30pm (MUST set up an appointment)

Budgeting/ Debt Reduction-

Athens Church of the Nazarene

1908 W. Madison Ave., Athens, TN.
As needed 423-453-2041
Free budgeting and debt reduction class

Educational/Employment-

Adult Education

410 Congress Pkwy. N., Athens, TN.
423-745-2028
M-F 4:00-4:30pm

American Job Center

410 Congress Pkwy. N., Athens, TN
423-745-2028
M–F, 8:00-4:30pm

Cleveland State Community College

2580 Ingleside Ave., Athens
(423) 745-8486

Manpower

313 Decatur Pike, Athens, TN
423-381-8810
M–F, 8:00-6:00pm

McMinn Higher Education Center (MHEC)

2345 Denso Dr., Athens, 423-745-8486

Randstand

614 Decatur Pike, Athens, TN
423-745-0082
M–F, 8:00-5:00pm
More jobs? 423-420-0645

Tennessee College of Applied Technology (TCAT)

1635 Vo-Tech Dr., Athens
423- 744-2814

Tennessee Promise Scholarship,

www.tn.gov/tnpromise

Tennessee Wesleyan University

204 E. College St., Athens
423- 745-7504

UT Extension- McMinn

Skill Up Tennessee (SNAP Employment & Training)

Support for job skills, training, school, & employment.
Helps with school expenses, gas cards, uniform/
supply needs, etc. *Must receive food stamps to be
eligible. <http://skillup.tennessee.edu> (423) 745-2852

Vocational Rehabilitation Department

3069 Overlook Dr. NE #A, Cleveland, TN
423-478-0330
Employment-focus for individuals with disabilities

Free Meals-

Englewood Church of God

18 West Athens Street, Englewood, TN
423-887-5901
Every Wed at 6:00 pm

Food Insecurity Resources

Etowah Senior Center

435 Cooper St., Etowah, TN.

423-781-7632

Free Breakfast and lunch (Monday-Friday)

Grace and Mercy Ministries

714 Walter Street Athens, TN

Monday 12:00 p.m.

Friday 12:00 p.m.

Every 2nd, 3rd, and 4th Thursday at 6:00 p.m.

McMinn Co. Veteran Services

Veterans, spouses and widows

5 E. Madison Avenue, Athens TN

Call to register for the Food Voucher Program

423-744-1605

Seventh Day Adventist Church

230 New Englewood Road Athens, TN

2nd and 4th Saturday of the month

12:00 meal after service

Table Graces

5 South White Street

423-745-2224

Monday and Wednesday 8:30 am-12:00pm

Free Cooking School-

UT Extension- TNCEP

MHEC-UT Extension, 2345 Denso Dr., Suite 167

Athens, (423) 745-2852. Series of classes: sampling

low-cost healthy recipes, food resource budgeting and more.

M-F, 8:00-4:30pm

Food Pantry-

Better Living Center

407 New Englewood Road, Athens, TN

423-744-7325

Food Bags: Apply in person (Every Tuesday 10:00am-

12:00pm/ 1:00pm-4:00pm) *Thrift Store:* (Every

Thursday 9:00am-1:00pm)

Calhoun United Methodist Church

820 Highway 163 Calhoun TN, 37309

423-336-2484

Food pantry open the 1st & 3rd Thursday of the month. Call for more info.

Coordinated Charities

109 Rocky Mount Road, Athens, TN

Assistance Center (call to make an appointment)-

423-745-9625, (M-R, 9:30am – 1:30pm)

Thrift Store- 423-745-0860,

(M-F, 9:00am-5:00pm/ Sat. 10:00am-3:00pm)

SETHRA (Commodities, Transportation, Energy Bills, Upward Bound)

Apply in person at the SETHRA Office,

814 S. White St., Athens, TN

423-745-8095

Love Thy Neighbor Project Campus and Mobile Food

Bank. Must Register! New Registration Begins the 1st Monday of every month.

Contact Gabriel 423-746-5273 for campus food bank

Or Taylor 423-746-5273 ext. 5232 for Mobile Food bank

St. Mark AME Zion Church Food Pantry Ministry

707 North Jackson Street, Athens

Monday through Friday from 1:00 p.m.-6:00 p.m.

Contacts: Ms. Linda Buchanan (423) 368-8434 or

(423)745-9193, Rev. Roxianne Sherles (865) 617-0347

Wesley Memorial Church

923 Ohio Avenue, Etowah, TN

423-263-2087

Must be in Etowah Utility District

Tuesday and Thursday 9:00-12:00 pm.

Youth Feeding Program-

YMCA

(18 years and younger)

Contact, 423-745-4904

Food Insecurity Resources

Youth Feeding Programs (cont.)

Sites:

Athens Church of Christ M-F Breakfast 8-9 Lunch 11-1

Calhoun Elementary School Breakfast and Lunch
Tuesdays 9-11am

EG Fisher Library M-F Lunch 11:30-12:00pm

Etowah Community Center Breakfast and Lunch 8-
9am and 12-1pm

Etowah Housing Authority Monday and Thursday
Lunch 11:30-12pm

Etowah Library Lunch 1-1:30pm M-F

Holiday Mobile Home Community Monday Thursday
12:15-12:45

Lee Manor Apartments Monday and Thursdays 12:45-
1:15

Niota Elementary School Wednesdays breakfast and
lunch 10-2pm

Ridgetop Apartments 12:00-12:30pm

Rogers Creek Elementary Tuesdays Breakfast and
Lunch 1-3pm

YMCA Breakfast and Lunch 8:30-9:30 ,11:30-1:30 M-F

Athens City Schools Summer Feeding Program, call
for sites, dates and times, 423-745-2863

School-Aged Children

Contact your school/ school system for children
needs

Athens City School- Kids Care Closet

423-745-1796

Nourish One Child

Weekend Food Bags/ Backpacks, Athens City Schools,
423- 745-2863

Keith United Methodist Church

600 W. Madison Ave., Athens, 423-745-2612

Other:

Advocates in Ministry- dedicated to help
homelessness and low-income families achieve
sustainable independence, 105 Park St., Athens, (423)
887-3544

Free Shower Bus- Grace and Mercy Ministries
714 Walter Street Athens
Monday and Friday, 10:30am – 12:30pm

Good Faith Clinic (medical services only)

For Residents of McMinn and Meigs County
18 S Congress Parkway Athens, TN
First come first serve basis.

Doors open at 2:30 pm every 2nd, 4th, and 5th Tuesday
*Bring Proof of Residency with you a State Issued Id
will work or a Utility Bill with Your Name on it.

Helping Hands Ministry- Assistance with small home
repair for widows, shut-ins or veterans, 412 S. White
St., Athens, (423) 920-4179

Tennessee Wesleyan Dental Hygiene Clinic

Provides complete hygiene services including
cleanings, x-rays and sealants (\$30). Serves children
and adults. 306 N. White St., Athens, (423) 252-1475
(Call for an appointment).

Updated, 7-2021

Healthy Relationships McMinn (HRM), smull1@utk.edu
(Covid-19 May Affect Business Hours, Contact First)

2-1-1 (Resource Hotline)

**24hr Support Specialized Crisis Services,
(855) CRISIS-1 or (855-274-7471)**

Love is Respect 24/7, (866) 331-9474

**National Suicide Prevention, (800) 273-TALK or
(800) 273- 8255**

Report Child Abuse, (877) 237-0004

Addiction-

10th Judicial District Recovery Court- Jill Barrett,
170 North Ocoee St., Suite 301, Cleveland

AA- Cooke Ministry Center- 714 Walter St., Athens,
Monday @ 5:30pm, 423-506-0736

Al-Anon (Family Group) - Keith Memorial United
Methodist Church, 600 W. Madison Ave., Athens,
(423) 745-2612

Celebrate Recovery - Englewood Church of God, 9
Church St., Englewood- Meets on Sunday @ 6pm
(423) 887-5901

Celebrate Recovery- Jones Chapel UMC, 590 C.R.
778, Athens- Meets on Sunday @7:30pm

Clean Living Athens- Women's Sober Living House.
405 Cleveland Ave., Athens. (305) 842-1805.

www.cleanlivingathens.org

Freedom from Smoking, Smoking Cessation- Starr
Regional Medical Center, 1114 W. Madison Ave.,
Athens- (423) 745-7431

"Journey" Support Group – Hillcrest Church, 581
Hillcrest Cir., Etowah, (423) 781-5033

Health Connect America – Teen & Adult programs,
808 S. White St., Athens, (423) 252-0871

Miracle Lake Christian Training Center-

Rehabilitation, 182 Co. Rd. 498, Etowah, (423) 263-
2583

NA (Narcotics Anonymous) - St. Paul's Episcopal,
123 S. Jackson St., Athens (423) 745-2224

Planted in Christ Outreach Fellowship- Thursday's
at 7pm, 317 Maple St., Athens (423) 435-8986

www.recoverywithinreach.org - Tennessee
resource for help with recovery: housing, peer
support, legal, living with systems involved and
healing from trauma

Straightway Ministry- Transitional Living Facility
for Men, 1303 Frye St., Athens, (423) 371-0269

Transformation Project- Non-Residential faith-
based recovery 12-month program, First Baptist
Church, 305 Ingleside Ave., Athens, Meets Monday
& Wednesday @ 6pm, (423) 745-5441

Women at the Well- Residential, Faith-based
discipleship program, 881 Co. Rd. 655, Athens,
(423) 745-0010

Difficult Feelings/ Behavioral Health-

Alzheimer's Support Group - Starr Regional
Medical Center, 1114 W. Madison Ave., Athens, 2nd
Tuesday @ 7pm, (423) 746-5212

Cherokee Health Systems, Medical Therapy- 3360
Hwy 411 N., Englewood, (423) 887-5131

Christian Counseling Services- (423) 507-4557

Evolve Counseling Services- 744 Tell St., Athens,
(423) 507-8826

Grief Support Group – Mars Hill Presbyterian
Church, 205 N. Jackson St., Athens, (423) 745-1403



Healthy Relationship Resources

Health Connect America- 808 S. White St., Athens, (423) 252-0871

Helen Ross McNabb Center- 584 Congress Pkwy. S., Athens, (423) 507- 0887

Hiwassee Mental Health Center- 1701 Ingleside Ave., Athens, (423) 745-8802

Omni Community Health- 404, S. White St., Athens, (877) 258-8795

PTSD Support Group- Athens Lutheran Church, 710 Forrest Ave., Athens, 1st Tuesday @ 6:30pm, (423) 745-9419

RELAX, Anger Management – McMinn Higher Education Center (MHEC)-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Stephen Ministry- (care for hurting people) – Keith Memorial United Methodist Church, 600 W. Madison Ave., Athens, (423) 745-2612

Volunteer Behavioral Health- 1805 Ingleside Ave., Athens, (423) 745-8802

Couples Relationships-

5 Love Languages, P.I.C.K. a Partner (How to Avoid Falling in Love with Jerk) and Marriage

L.I.N.K.S.- MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

OneLife - Full Circle, 510 Old Riceville Rd., Athens, (423) 744-3005

Premarital Counseling and Marriage Enrichment- Provided by pastors at Keith Memorial United Methodist Church. Visit prepare-enrich.com or call (423) 745-2612.

Pre-Marital Counseling – Athens Nazarene Church, (423) 453-2041

Divorced-

Co-Parenting, Parenting Apart - MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Divorce Education- Cleveland State, (423) 473-2270

Divorce Recovery Group - Allen Memorial United Methodist Church, 800 Decatur Pike, Athens, (423) 745-1560

Health Connect America – Outpatient Therapy, 808 S. White St., Athens (423) 252-0871

Legal Aid of East Tennessee- 535 Chestnut St. #360, Chattanooga, (423) 756-4013

Parenting/ Parents-

Athens City Schools, Family Engagement- 943 Crestway Dr., Athens, (423) 745-2863

Full Circle, Parent Education, Abortion Education & Support- Full Circle, 510 Old Riceville Rd., Athens, (423) 744-3005

H.O.P.E. Center, Inc.- 704 W. Madison Ave., Athens, (423) 745-5289

Health Connect America, Parent Education- 808 S. White St., Athens, (423) 252-0871

Nurture the Next, Healthy Families and Nurturing Parenting- 5709 Uptain Rd., Chattanooga, (423) 333-6999



HRM

Healthy Relationships McMinn

Healthy Relationship Resources

UT Extension, Parent Piece by Piece- MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Relative Caregiver- Contact 866-735-8752

Seniors-

Etowah Senior Center – 435 Cooper St., Etowah, (423) 781-7632

McMinn County Senior Activity Center – 205 McMinn Ave., Athens, (423) 745-6830

Youth-

Afterschool Care-YMCA and YCAP – 205 Knoxville Ave., Athens, (423) 745-4904

Child Advocacy Center – 704 W. Madison Ave., Athens, (423) 744-0599

Child and Family Services- McMinn Co. Juvenile Services, (423) 745-8782

Church Youth Groups

Health Connect America (in-home/school counseling) – 808 S. White St., Athens, (423) 252-0871

Helen Ross McNabb Center – (800) 255-9711

Hiwassee Mental Health (positive actions)- 1701 Ingleside Ave., Athens, (423) 745-8802

Isaiah 117 House- Provides physical and emotional support in a safe and loving home for children awaiting foster care placement. Jennifer Collins, (423) 519-3393,

jennifer.collins@isaiah117house.com

Kids Connection- Before & After School Care- Athens City Schools – (423) 745-1796

TN. Voices for Children – (615) 269-7751

Updated, 7-2021
Healthy Relationships McMinn (HRM), smull1@utk.edu
(Covid-19 May Affect Business Hours, Contact First)



HRM

Healthy Relationships McMinn

Health & Nutrition Resources

2-1-1 (Resource Hotline)

National Suicide Prevention, (800) 273-TALK or (800) 273- 8255

Alzheimer's-

Support Group, 2nd Tuesday @ 7pm, Meets at Starr Regional Medical Center, 1114 W. Madison Ave., Athens, (423) 745-1411

Arthritis-

Arthritis Exercise, Walk w/Ease, Tai Chi, McMinn Higher Education Center (MHEC)-UT Extension, 2345 Denso Dr., Suite 167, Athens, (423) 745-2852

Go Fit, Water Fitness and Chair Yoga, YMCA, 205 Knoxville Ave., Athens, (423) 745-4904

Cancer-

Live Strong, YMCA, 205 Knoxville Ave., Athens, (423) 745-4904

Cancer, Thriving & Surviving Workshop, MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Diabetes-

Cooking Classes, MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Diabetes Prevention Program (DPP), Starr Regional Medical Center and UT Extension. To register (423) 744-3249

Self-Management Education, Meal Planning, Starr Regional Medical Center, 1114 W. Madison Ave., Athens, (423) 745-

Support Group, 3rd Thursday @ 7pm at Starr Regional Medical Center, 1114 W. Madison Ave., Athens, (423) 745-1411

General Health-

Good Faith Clinic (medical services), 18 Congress Pkwy. South, Athens, Opens at 2:30pm every 2nd, 4th and 5th Tuesday, (423) 745-4541

Living Well with Chronic Conditions, MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Personal Trainers

Silver & Fit, Renew Active, YMCA, 205 Knoxville Ave., Athens, (423) 745-4904

Silver Sneakers, Etowah Community Center, 155 Robinson St., Etowah, (423) 263-6575

TOPS, Keith Memorial United Methodist Church, 600 W. Madison Ave., Athens, (423) 745-2612

Walk Across TN., MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

Weight Watchers, First Baptist Church, 305 Ingleside Ave., Athens, (423) 745-5441

Worksite Wellness-

eWellness, MHEC-UT Extension, 2345 Denso Dr., Suite 167 Athens, (423) 745-2852

HealthierTN.com

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